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Founded in 2008

# THE LAMP NEWSLETTER

*"Thy word is a lamp unto my feet, and a light unto my path" (Psalm 119:105 KJV).*

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**We DON'T Have a Sex Problem...**



**We HAVE A SIN PROBLEM!**

**Adultery! Fornication!**



**Wanda J. Burnside**  
**Founder and Publisher**



**Eve and Adam**

Dear Readers,

I'm tired of all of the talk about how bad it is to talk about SEX! Is it a taboo or no-no to mention it? Why? What is the problem? Having sex is a common talk and concern among us. It is everywhere all of the time. You know that it is!

We talk about how there's too much sex on TV. *How do you know?* Then, there's talk about how there's sex on the computer. *Is that so?* You hear how sex is everywhere you go. *Where are you going?*

I am sure there are all kinds of data, reports and statistics to prove that sex has gone wild! Sex is openly discussed in many places that once was NOT allowed or permitted to be brought out in the open. It used to be one of the words that grown-ups or adults spelled out when children were nearby. When adults needed to tell another adult that juicy gossip about who was having S-E-X...it was spelled out in a low tone, in a whisper, to another adult. Well, way back in my day it was. Now, it is different!

I don't want to get into pointing fingers and blaming each other about having SEX. God created it to be enjoyed and shared in a marital relationship. This one and only act is to bring the husband and wife together in their marriage. It is to bind them together through love and tenderness. Sex is the fulfillment of physical relationship with the husband and wife: touching, hugging, kissing, holding, rubbing, squeezing, and sexual activities.

Sex is to be freely and emotionally expressed in marriage between the man and the woman who are united in holy matrimony, wedding ceremony. NOW, SO YOU WON'T GET CONFUSED...If you are not legally married, you are not to be having sex. That means, NOT MARRIED, NO SEX!

Hey, don't get mad at me! This is what GOD DEMANDS. Look at His Holy Word.

*"But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people,"*  
(Ephesians 5:3 NIV).

*"It is God's will that you should be sanctified: that you should avoid sexual immorality; that each of you should learn to control your own body in a way that is holy and honorable, not in passionate lust like the pagans, who do not know God,"* (I Thessalonians 4:3-5 NIV).

### ***Who is this for?***

These scriptures are for us, those who are *"God's holy people,"* as stated here in Ephesians. This biblical word is not speaking to the ungodly or unbelievers. I like what the Bible states that it is not for the pagans, *"who do not know God."*



**IF YOU'RE HAVING**  
**SEX**  
**AND YOU'RE NOT MARRIED**  
**IT'S NOT CALLED DATING**  
**IT'S CALLED**  
**FORNICATION**

So, **DON'T GET IT TWISTED!** You can't control **SEX**. You must have **GOD** in your life. You must let or allow Him to take control of your life. You can't control your flesh, your body. Your body wants what **YOUR BODY WANTS**. It **CRAVES** fleshly desires.



## **WE DON'T HAVE A SEX PROBLEM...**



God wants married couples, a man and a woman, to have joy and pleasure in their sexual relationship. He looks upon them and gives His approval. God is pleased and delighted in their upright and decent sexual activities.



*“Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral,” (Hebrews 13:4 NIV).*



**Married couples have the right and privilege of having sex with their own mate or companion. You are permitted to function sexually with your wife or husband. God wants this union to be strong and to receive satisfaction, pleasure, and reward in their marriage covenant. Married couples are to honor and respect each other.**

## WE HAVE A SIN PROBLEM!



We don't have a sex problem, BUT we have a sin problem. God created sex. He wants man and woman to enjoy this intense physical activity. He is not against human beings who are united in holy union to have the full privileges and benefits of having sex. He is in agreement with this strongly desired function.

However, sex outside marriage is wrong and against all that God desires. It is an offense, wrongdoing...SIN AGAINST HIM! When you ignore what God has told you to do, it is as if to turn away from what He wants. Turning away from what He instructs is to turn to fleshly desires. You are not yielding or surrendering to God. You have stepped out of the zone of His Will and Way.

Living your life without God opens the door to Satan. Satan's plans and ways will lead to destruction, failure, hurt, disappointment, suffering, and a total life of devastation! Living outside of His boundaries and instructions causes your life to spiral down to a pit of hell! Then your sexual activities will bring you misery, unhappiness, sorrow and much grief.

Sin spoils your life. Sin taints or infects your life and leads to great despair. Your rebellious, disobedient, and unruly heart will destroy your life! Your sexual desires will overpower you and your out-of-control appetite or desire for sex will dominate or take over your existence. You will be driven to search for sexual partners who WANT SEX and NOT YOU!

They will not love you and care about your desires because THEIR DESIRES are first. They won't want to give you true love and faithfulness because they are incapable or unable to feel your needs. Those who are burning to fulfill their own sexual desires are insensitive to what you are sensitive to or caring about. SIN BLOCKS OUT loving, caring and tender attitudes.

Sinful ways are selfish; they STOP one from understanding the feelings of others because they want to satisfy flesh. Fleishy desires ONLY are CONCERNED ABOUT THEIR OWN PLEASURES. That sexual relationship is controlling and leads to bondage. One can't freely express themselves as an individual, because the other partner wants to capture their lover in the grips of desire.



## Adam and Eve

When you SURRENDER to sinful ways, you will be blind to the truth about what is right. You won't care about stepping from God's Words and His Will. Satan will convince you to take a chance and do things your way. He will push you AWAY FROM doing what God has provided for you. He will lead you on a path to destruction. That is his full intention.

In the garden, God set boundaries for Adam way before God made the woman, Eve. Adam heard and knew what God commanded of him to do and not to do.

*"The LORD God took the man and placed him in the garden of Eden to work it and watch over it. <sup>16</sup> And the LORD God commanded the man, "You are free to eat from any tree of the garden, <sup>17</sup> but you must not eat from the tree of the knowledge of good and evil, for on the day you eat from it, you will certainly die." (Genesis 2: 15-17 CSB).*

God wanted Adam to be blessed with everything he needed.

*"Then the LORD God said, "It is not good for the man to be alone. I will make a helper corresponding to him." <sup>21</sup> So the LORD God caused a deep sleep to come over the man, and he slept. God took one of his ribs and closed the flesh at that place. <sup>22</sup> Then the LORD God made the rib he had taken from the man into a woman and brought her to the man. (Genesis 2: 18, 21-22)*

Adam and Eve had it all. God wanted them to enjoy everything that He had provided for them. He wanted them to have the fullness of sex, too.

But, when Eve step away from her man, Adam, to listen to Satan, she left her covering and was deceived by Satan. Eve believed his lie and was convinced to buy what Satan said to her against what God wanted. Adam fell for what Eve said and...THEY WERE BUSTED!

Sin and shame entered their lives! They stepped out of God's blessings for their lives. God came to them and they were found GUILTY of being disobedient and covenant breakers. God announced their punishments which affected mankind. Sin came in and tarnished the entire plans for man and woman. SIN DESTROYS EVERYTHING!

## **GOD SO LOVES US!**

The good News is...

*“But God commends his own love toward us, in that while we were yet sinners, Christ died for us,” (Romans 5:8 NHEB).*

And so, God draws us to Him because He loves us. We are redeemed through Jesus Christ our Lord and Savior. We are made new. We are given His Holy Power by the Holy Spirit or Holy Ghost to live! We are new creations!

*“Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new,” (2 Cor. 5:17 KJV).*

Let God handle your sinful ways! Live for Him.

*“So that it is no longer I who live, but it is Christ who lives in me. This life that I live now, I live by faith in the Son of God, who loved me and gave his life for me” (Gal. 2:20 GNT).*

Now...Follow Christ! He will give you His power to live victoriously in your sexual relationship in your marriage...until death do you part!



## **BIRTHDAY REMEMBRANCES...**



Loving Father

**ELDER MINOR PALM, JR.**

February 5, 1926-April 10, 2010

Sanctified Gospel Preacher, Award-winning Author, Songwriter, and more.

*"I really miss you, Daddy. Love forever." – Your daughter, Wanda J. Burnside*



Precious Mother

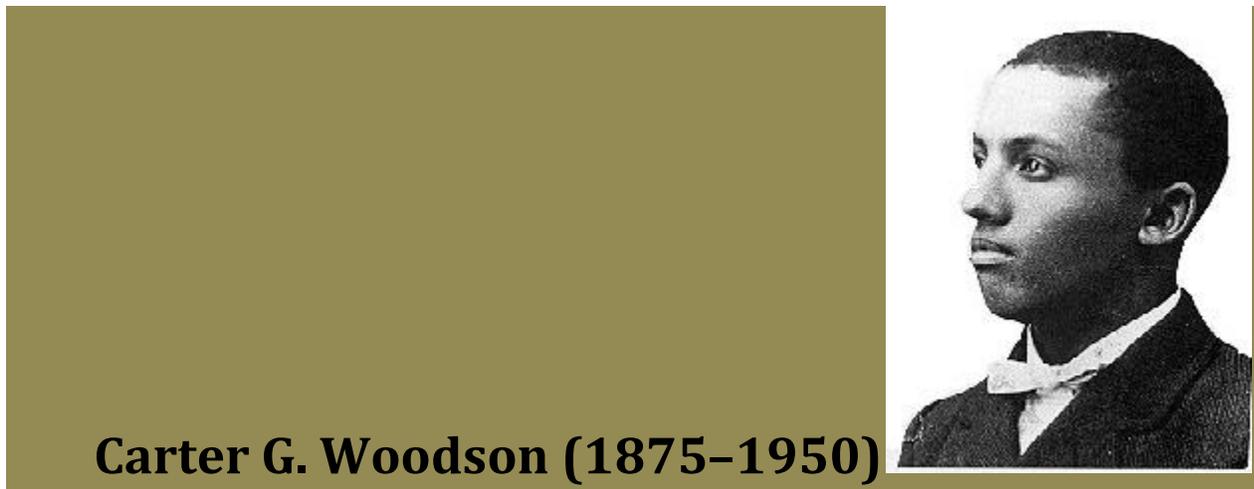
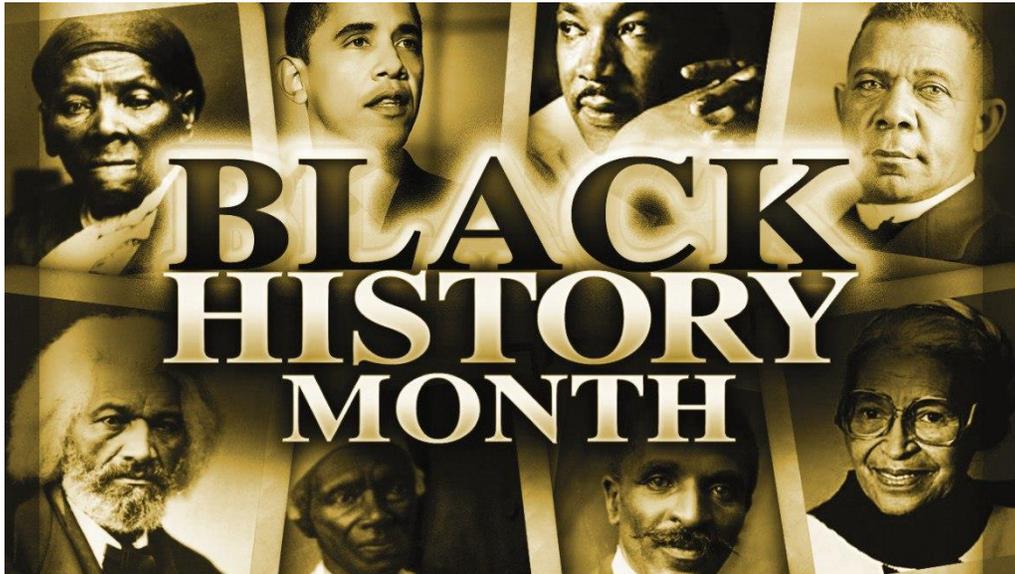
**MOTHER CHRISTINE BURNSIDE**

January 12, 19\_\_-December 15, 2010

Prayer Warrior, Bible Teacher, Sunday school Teacher, Professional Seamstress,  
and Interior Decorator.

*"You're dearly loved." – Simmie and Wanda J. Burnside*

## FEBRUARY is...



**Carter G. Woodson (1875–1950)**

### Negro History Week (1926)

The precursor to Black History Month was created in 1926 in the United States, when historian Carter G. Woodson and the Association for the Study of Negro Life and History announced the second week of February to be "Negro History Week".<sup>[10]</sup> This week was chosen because it coincided with the birthday of Abraham Lincoln on February 12 and of Frederick Douglass on February 14, both of which dates black communities had celebrated together since the late 19th century.<sup>[10]</sup>

From the event's initial phase, primary emphasis was placed on encouraging the coordinated teaching of the history of American blacks in the nation's public schools. The first Negro History Week was met with a lukewarm response, gaining the cooperation of the Departments of Education of the states of North Carolina, Delaware, and West Virginia as well as the city school administrations of Baltimore and Washington, D.C..<sup>[11]</sup> Despite this far from universal acceptance, the event was regarded by Woodson as "one of the most fortunate steps ever taken by the Association", and plans for a repeat of the event on an annual basis continued apace.<sup>[11]</sup>

**Black History Month**, also known as **African-American History Month** in the U.S., is an annual observance in Canada, Ireland, the Netherlands, the United Kingdom, and the United States. It began as a way for remembering important people and events in the history of the African diaspora. It is celebrated annually in the United States<sup>[6]</sup> and Canada<sup>[7]</sup> in February, as well as in the United Kingdom, the Netherlands and Republic of Ireland<sup>[8][9]</sup> in October.<sup>[5]</sup>

**Information from online: Wikipedia**

**Black History:  
Learn and share the information.**

**Mrs. Penny Goldman, our guest writer from Chicago, Illinois, features her heartwarming story on pages 14-15. Mrs. Goldman's story reflects love and the words of the following scripture posted below in Philippians 4:8 ASV.**

Love

*“Finally, brethren, whatsoever things are true, whatsoever things are honorable, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things,”( Philippians 4:8 ASV).*



## Someone You Should Have Known

by Penny Goldman

On Nov. 7, 2014, we received word via email that our dear friend, Richard Stromberg, died. By “we,” I mean my husband, Ron and I. Ron had known Richard since he was the age 19 or 20. I met Richard through Ron. Richard was 65 when he passed away with his wife Heidi nearby.

Richard Stromberg was a photography buff but, more than that, he was a photography teacher. Ron was one of his pupils and a dear friend. When looking for details about Richard online, so I could be accurate about information on him, I found that the Editors from Groupon wrote a description of Richard some time ago and it was accurate:

### **From Our Editors:**

*“Richard Stromberg is so dedicated to teaching the art of photography that he’s held class during a freezing blizzard, a blistering heat wave, and while he was confined to a wheelchair after surgery. Richard brings his fierce dedication and 45 years of photography and teaching*

*experience to his school, where he leads a variety of photography classes alongside a dedicated staff of volunteers. (Ron was one of those volunteers.)*

*Within spacious classrooms, the seasoned instructors guide students through the techniques of DSLR photography, from basic camera operation to tips on starting up a studio. In addition to mechanics and fundamentals, they also encourage their students to see the world in new aesthetic ways, helping them recognize the beauty of a sunset or the fogged-up monocle of a sensitive millionaire.*

*The dedicated staff can often be spotted at the school before and after class hours helping students work on assignments in the lighting studio, the darkroom, and the expansive computer lab. Twice a year, they showcase pupils work in their onsite WithInSight Gallery."*

I cannot even count how many days that my husband, Ron, went over to the photography studio. I would run out of numbers. Many times, Ron fixed the wheel chair and the photocopier. Ron gave numerous tours in the photography studio. But what Ron really loved the most was being around Richard. They were friends for life. Richard was one of the good guys.

Richard was a brilliant man. I will miss him... and Ron will miss him even more. It is years like this that make us feel old.

To our beloved friend Richard, I want to say, "Well done! We will miss the pictures you took and the life you shared with all of us. Ron is part of your legacy. God Bless you Richard."

To the Editors from Groupon for accurately depicting Richard Stromberg I say; "Thank you for showing the type of man he was. He made a difference. In this lifetime, that is the highest compliment you can pay."

Since this article was written, Heidi sold the photography business to another person. However, my husband Ron still continues to help out at the studio. Ron is dedicated to keep Richard's legacy alive.

**Penny Goldman is a published author, a poet, and non-fiction writer. She is currently working on writing and publishing more articles. She resides outside of Chicago. Penny can be contacted at: [mzunocentt@aol.com](mailto:mzunocentt@aol.com).**



# A Love Story...

Michele Barnes remembers her grandparents' love story from 1890.



## *A Journey of Love*

**By Michele Barnes**

***“Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths,” (Proverbs 3:5-6 KJV).***

*“Marie, I almost got enough for the two of us to get on the train to Detroit. It won’t be long now,”* Minor said, shaking his head. *“No, not long,”* looking out to gaze at the beautiful fields. Out beyond the waters, was the sun slowly lowering to set. The smell of the fields of various lilies was like no other. It seemed to cover them as a blanket around their shoulders as they embraced. In that quiet moment, the sound of their heartbeats began to sound as one. This moment will forever be remembered.

He tightened his hold around his wife. Looking into her eyes Minor said, *“I promise to love and take care of you Marie,”* he whispered in her ear. They embraced and kissed with such passion that there was no doubt that they were going to spend the rest of their lives together!

The long wait was about to be over. The Neiman Marcus’s family that young Marie worked for had been told that she was leaving them. As much as Marie loved this family, she was ready to go and one day have her own family!

Minor and Marie’s bags were packed and ready to leave their young life and home in Texas. They were ready to answer the automotive world of Henry Ford’s “revolutionary call” to come

to Dearborn, Michigan and work for his car factory for \$5.00 a day. They prayed together and believed God to bless their one-way loving journey to Michigan.

The day came for Marie to leave the Marcus family. She had taken great care of them all. *“I don’t want you to go”*, cried Daniel the oldest son. *“Who will take care of us?”* he asked Marie. She lovingly assured him that her sister Katie would be coming first thing tomorrow to take her place.

Marie hugged him as she would hug her own son. *“I love you Daniel. You be sure to be good now,”* She said to little Daniel.

Then she hugged Mrs. Marcus. She whispered into Marie’s ear, *“If he doesn’t treat you right, you come on back home, you hear?”*. Marie hugged her tight and let go to walk and stand by her tall husband, Minor.

Looking back one last time, Marie wiped her eyes and said good-bye to the big beautiful mansion that had been the place she lived and worked for many years. Marie’s mother had died, so Marie raised her sister right there in the mansion where she worked caring for the Marcus children. This was the place, the home; she called their house the only home she knew.

Marie and Minor waved goodbye.

They walked away wearing their hats to keep the sun out of their faces. They walked side by side. Minor carried their bags down the road that led to the train station in Dallas, Texas. They were ready to go to Michigan to live.



In Michigan, a church in The Church of God in Christ network, had connected Minor and Marie with a family that would allow them to room in their home until they could get their own place. However, it was years later when they had saved enough to buy their own home on Cottage Grove in Highland Park, MI.

It was a lovely home for their four children: Minor Jr, Lorraine, Lillian, and Katie. Minor and Marie provided their children with instruments and music lessons. They raised their children to sing and worship in The Church of God in Christ. They became well-known for their musical gifts.

My uncle, Elder Minor Palm, Jr. was their oldest child. Lorraine, their oldest daughter, grew up and married my father, Mr. Odell Gardner, They had three children: Darlene, then me, Michele, and Daniel our brother. I married and have a family of my own. I am also a grandmother of nine children. In 2015, I became a widow after 43 years of being married to my husband, Michael.

. Although my grandparents have long gone on to be with the Lord, this story about them over 100 years ago, remains ready to share with my children, grandchildren, and all who long to hear a true and beautiful love story. Yes, this is a love story of my grandfather, Rev. Minor Palm, Sr. and grandmother, Missionary Marie Palm.

They walked together on a dirt road and traveled the many miles on a train in Dallas, Texas to a new home and life in Michigan. Grandfather worked hard on his job and in his church ministry as the pastor of Victory Church of God in Christ in Highland Park, MI. Grandmother worked hard in their home and as the first licensed missionary in the church.

I continue to thank God for my grandparents' example of love and their foundation of faith. In my time of prayer, I often think that I can still hear my grandfather praying for me!

***Note: I am proud to say that these grandparents are my grandparents, too. Thanks Michele for sharing this beautiful story with the world. This is a great honor to our beloved grandparents, Elder Minor Palm, Sr. and Missionary Marie Palm. – Wanda J. Burnside, Founder, THE LAMP NEWSLETTER***

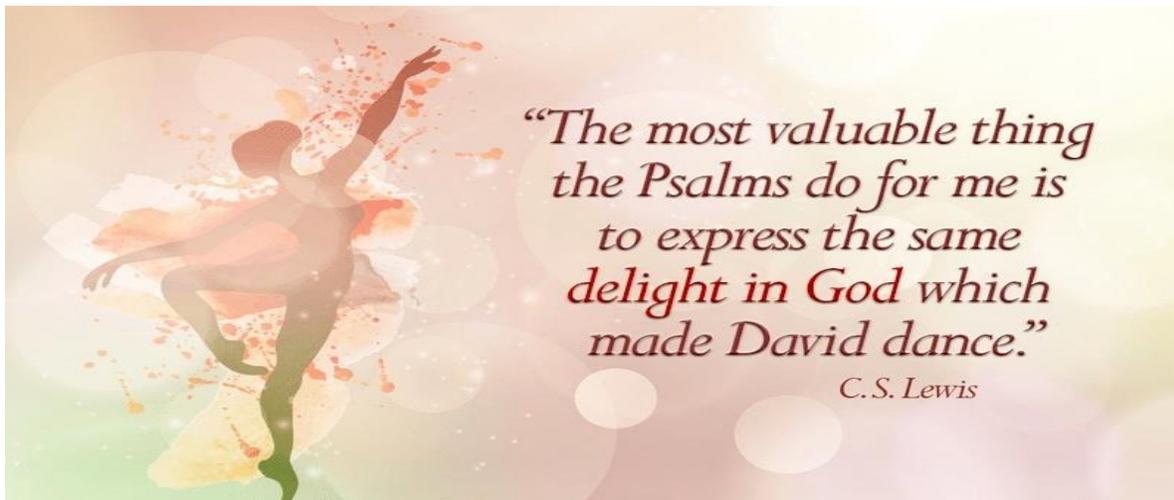
## 2 Samuel 6:14

“And David danced before the LORD with all *his* might; and David *was* girded with a linen ephod.”

King James Version (KJV)



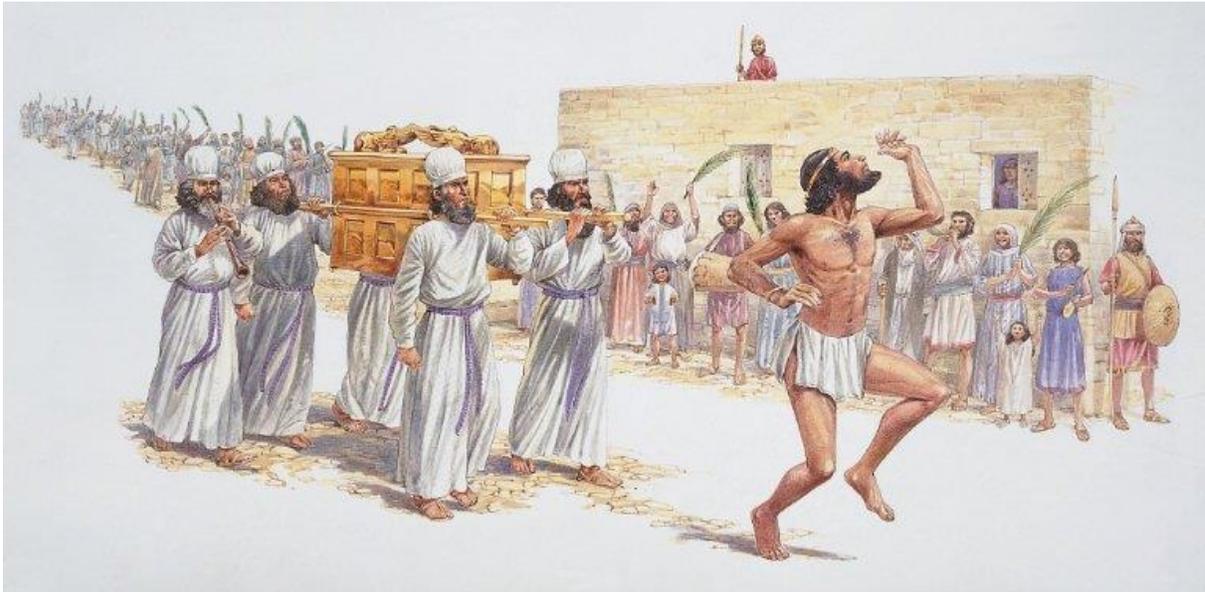
*Australian Ministry Leader & Staff Writer Ms. Sandra Hickman*



### *DAVID'S DANCE ~*

*We all desire a heart after God's own heart like David had. A heart that was lived in like an old pair of slippers that were once new and tight, needing to be broken-in to find the comfort layers found only in the breaking and surrender. A bold heart that loved more than hated, that surrendered more than resisted, one that recognised its weaknesses and despised its own sin.*

*It's a heart that stripped itself naked to dance in humble joy before its Lord. A heart that knew its Maker, Breaker, and the One who gives and takes. David's one single heart which*



*tasted morbid shame, suffered grievous deepest loss.... and won unrelenting victories all in the same lifetime.*

*This is a God-forgiven heart. The content of the heart is an enigma to man but totally known to God.*

*“A heart hidden in the cleft of the Rock of Ages is strong and soft, bold and brave ...  
Yet, repentant and surrendered, searching and seeking ~ Lord let this be my heart!”*

The Bible says that David danced before the Lord. As he returned home resplendent in victory with the spoils of war, his devoted subjects poured out into the streets of the City of David to greet him.

David was much loved by the people. He was their King and their hero! They saw him as someone special, to be revered, adored and placed upon a pedestal. But in one singular moment

of their adulation for him, David saw himself as a redeemed servant of God, a worshipper of the Most High.

## **“...Sin has Consequences”**

David did the unthinkable. He removed his kingly garments and all remnants of his royalty in an act of humility before God. He rid himself of everything which denoted him as an idolised King and famous heroic warrior. You see, he didn't want to be a king dancing before his God; he wanted to be a servant dancing before his King!

God was David's Sovereign. David knew where the strength to defeat his weaknesses came from. He knew if not for God's forgiveness he would have been a doomed man. David had repented in great sorrow and he understood his position. He knew without God he was nothing. Not even the fervent adulation of his people could satisfy his craving for God, it was no substitute.

Stripped bare of all earthly riches, David leapt from his garments into the presence of almighty God to dance with his arms sweeping towards heaven in step after step of loving worship... and he did it in spite of what anyone else thought. David's wife, Saul's daughter Michal disapproved of his dance, despising him in her heart she harshly criticised him. She spoke scathing words to belittle her husband. How wrong she was. Her husband had just pleased God more than she could ever realise. Michal's own words, which she intended to bring shame upon David's dance, actually brought shame upon herself instead. In her eyes, David was the sinner, but in God's eyes he was a beloved son. The sin belonged to Michal. There was no sin in David's actions,

having long beforehand tasted the consequences of his sins, he had been forgiven and his dance was an offering before the Lord to show his gratitude in the most glorious act of worship.

#### **NKJV 2 Samuel 6:**

*Verse 15 -16: “So David and all the house of Israel brought up the ark of the Lord with shouting and with the sound of the trumpet. 16 Now as the ark of the Lord came into the City of David, Michal, Saul’s daughter, looked through a window and saw King David leaping and whirling before the Lord; and she despised him in her heart.”*

*Verse 20 – 23: “Then David returned to bless his household. And Michal the daughter of Saul came out to meet David, and said, “How glorious was the king of Israel today, uncovering himself today in the eyes of the maids of his servants, as one of the base fellows [h]shamelessly uncovers himself!” 21 So David said to Michal, “It was before the Lord, who chose me instead of your father and all his house, to appoint me ruler over the people of the Lord, over Israel. Therefore I will play music before the Lord. 22 And I will be even more undignified than this, and will be humble in my own sight. But as for the maidservants of whom you have spoken, by them I will be held in honor.” 23 Therefore Michal the daughter of Saul had no children to the day of her death.”*

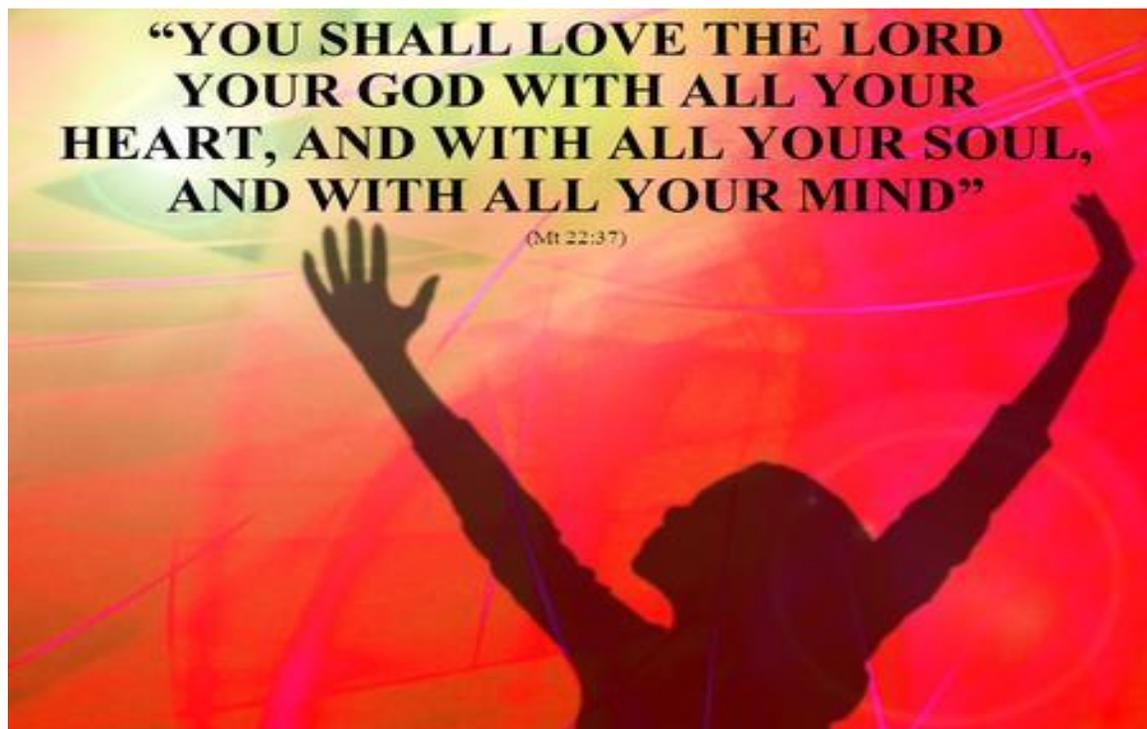
David’s eyes were on the prize, and the prize was much bigger and greater than his fabulous wealth and resplendent earthly riches.... and even more-so than his position and title. This prize was far more intoxicating than being adored by the world. David’s prize was his maker, the creator God whom David loved and adored beyond anything in the tangible world. He may have

had fabulous riches beyond compare, but David's true treasure was God. Whilst David's wife sought to condemn him as shameless and base, God vindicated His servant David. Michal lost the blessing of having children. She remained childless, which, for a woman in those days, was a shameful thing to endure.

Oblivious to the opinions and judgments of men, this kingly, yet ordinary man, David, and his godly heart did the extraordinary and sprang into action to humble himself in wild abandonment of impassioned adoration and worship of his beloved God. All he could envision was honouring and worshipping Y'wha ~ and David danced!

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*“When the Spirit of the Lord is in my heart I will dance like David danced .... 🎵”*





## Hidden Sins of the Heart

by Author Ramelle T. Lee © 2015

**Meditation Scripture: Psalm 19:12 (NLT).**

*“How can I know all the sins lurking in my heart? Cleanse me from these hidden faults.”*

Do you really understand the true meaning of sin? How does sin abide in your heart? Can you really control sin? I want you to know as a child of God that sin is here to stay. Even though sin was here at the beginning in the Garden of Eden, you don't have to continue in sin. God forbid.

When you open up your heart to sin, the devil will attempt to place many forms of evil in your pathway. He knows that if he can keep you off track and away from God's Word, he has won the battle you have with sin. Satan will do everything in his power to make you think that sin is attractive. He will lure you into his trap and make you think that there is absolutely nothing wrong with what you are doing. The devil

will give you all sorts of reasons for what you are doing and you will begin to rationalize your motives and actions.

You may think that you are secretly getting away with those sins, but Satan has fooled you. The lies he is feeding you will catch up with you sooner or later. The devil has so much false confidence that he believes his own lies that nothing will ever happen to reverse his power over you. But God, in his infinite wisdom, already knows that the devil has set his own trap.

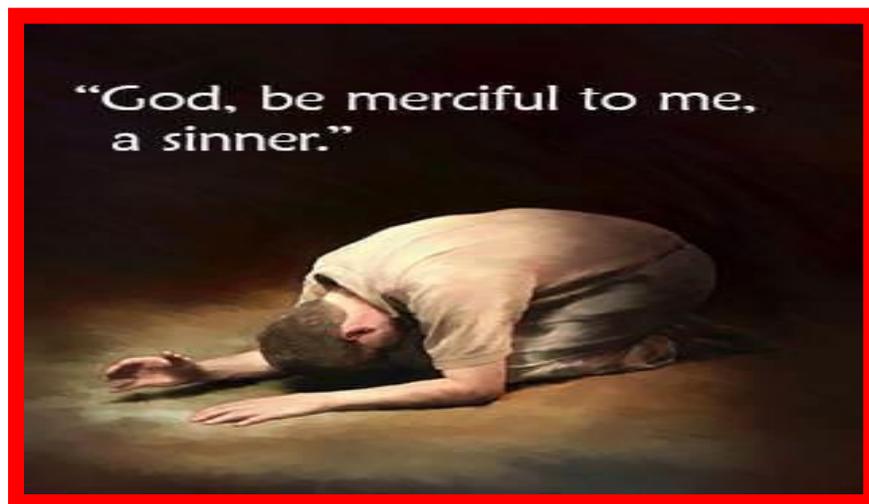
As a believer, you must stray from the evidence of presumptuous sin. There are certain things in our lives, which we know we have an appetite for, that may lure us to travel the road of sin. The devil already knows that each of us is weak in the flesh. That's why it is difficult for us to keep from walking the sinful path of sin.

All of us must look to God to deliver us from a sinful nature. Don't allow the devil to have dominion over you. Don't allow him to keep you from living a godly life. Continually stay in the Word and ask God to help you with the sin problem that you are facing.

Perhaps you don't even know what sins are dominating your life. Is your heart vulnerable to sin? Prayerfully seek God and ask him to reveal to you those things that are keeping your spirit bound. You can have victory as you put your trust in Him and allow Him to help you defeat and conquer the hidden sins within you.

*"Hidden Sins of the Heart" appears on pages 89-91 in my book,*

*Step into His Greatness © 2015*





**THE LAMP NEWSLETTER**  
**ALIVE!**

***We're on FACEBOOK!***

***Please visit us online....Come to Facebook:***

***THE LAMP NEWSLETTER ALIVE!***

***God has opened a great door for us. We are busy communicating with people around the world. It's a blessing to connect with others.***

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